

Nursing Leadership Forum

November 4, 2006
McLeod Hall

Alumni Participants

Kate Baylor, RN, BSN
Master's Student, FNP Program, University of North Carolina Chapel Hill
(BSN 2003, University of Virginia)

Kate anticipates graduating in May 2007 with her MSN in the Family Nurse Practitioner tract from the University of North Carolina at Chapel Hill. Her master's research is focused on spirituality and uncertainty during end of life care in patients with ovarian cancer. While carrying a full-time course load, Kate is a teaching assistant in the Clinical Education and Resource Center in the UNC School of Nursing, where her responsibilities include teaching BSN students fundamental and advanced skills labs, catheter simulation labs, and human simulation labs. In addition, she has developed a teaching manual and lab syllabus for the physical assessment labs which she also teaches.

Kate's clinical experience includes a nursing residency program at Children's Healthcare of Atlanta, Egleston Campus and at UNC Hospitals in the Pediatric Intensive Care Unit. She has also served as camp nurse at Shrine Mont Camps and Conferences.

Kate is the recipient of the prestigious academic Johnston Memorial Scholarship at UNC-CH. She currently serves as Class Advocate for the UVa School of Nursing Class of 2003, as well as a trustee for the class of 2003.

Nancy Bolton, MSN, ANP, CCRC
Director of Clinical Research, Charlottesville Medical Research
(MSN 1980, University of Virginia)

Nancy's clinical specialty during graduate school was transplantation. For 12 years she enjoyed working as the Transplant NP for U.Va., specializing in kidney, kidney/pancreas, and liver transplant.

In 1991 she began a career in clinical research for pharmaceutical companies working within a private GI practice in Charlottesville. This has now grown to a separate multi-therapeutic business which she owns with a physician. She oversees the entire business, supervises all the clinical trials and is still involved clinically as a nurse practitioner.

Nancy Smith Bowe, RN, MS, CNS, BC
Cardiology Clinical Nurse Specialist, Jersey Shore University Medical Center
(BSN 1975, University of Virginia)

Nancy Bowe is the Cardiology Clinical Nurse Specialist for Jersey Shore University Medical Center, Neptune, New Jersey. JSUMC is a 500+ bed acute care teaching hospital and one of three hospitals in the Meridian Health system. Nancy's responsibilities include both direct and indirect patient care for individuals and groups with current or potential cardiac diagnoses. Included in this area of responsibility is any cardiac related diagnosis that is treated medically or

with a cardiovascular interventional procedure. Direct patient care activities include advanced practice nursing skills for specific high risk and high volume patient populations, such as arrhythmia and device patients and their families. Indirect patient care activities include consultation, development and implementation of related nursing standards of care and policies/procedures, classroom and unit based education of nursing staff, patient care related research, and participation in unit based and system wide activities.

Kathryn Patchen Freer, MSN, RN, FCN
Faith Community Nurse
(MSN 1992, University of Virginia)

Kathy is the Parish Nurse (now designated by the ANA as Faith Community Nurse) for First Presbyterian Church in Charlottesville. Her responsibilities for the church's 1,500 members include staff support and program planning for the Health Ministry Team and Visitation Team, pastoral care consultation and referrals, safety and emergency procedures, and direct patient care with a focus on the intentional care of the spirit. Community involvement includes serving on two Thomas Jefferson Health District committees, Childhood Obesity Task Force and Pandemic Flu Planning. As one of only a few salaried parish nurses in Charlottesville, Kathy feels called to mentor others in their quest to become a Faith Community Nurse.

Kathy's nursing career started as a trauma nurse at the Shock Trauma Center, University of Maryland Hospital. A long career in kidney dialysis involving acute, chronic, and home dialysis followed at the University of Virginia Health System.

Corey A. Gallimore, FNP-C, MSN
Nurse Practitioner, Heart Failure and Cardiac Transplant Program, Carolinas Medical Center
(BSN 2000, University of Virginia)

After graduating from U.Va. Corey moved to Charlotte where she began her nursing career in a CCU. After 18 months, she accepted a position as a nurse coordinator with a Heart Failure Program. Corey returned to school to pursue her master's degree at Duke in the fall of 2004. She completed the program in May 2006 and is now the Nurse Practitioner for the Heart Failure and Cardiac Transplant program at Carolinas Medical Center in Charlotte. While at Duke, she served on the Judicial Committee and Curriculum Committee and was honored with the Bonnie Jones Friedman Humanitarian award. She also traveled to Honduras last spring as a member of Duke's Medical Outreach Program. In her spare time, she volunteers for Habitat for Humanity and teaches the NCLEX review course to nursing graduates and international nurses.

Anne M. Gates, CRNP
Family Nurse Practitioner
(BSN 1994, University of Virginia)

As a Family Nurse Practitioner in Kennett Square, Pennsylvania, Anne works in a Spanish speaking medical office serving mainly the migrant Hispanic community in the area. Her office staff is completely bilingual and her collaborating physician is an Argentine doctor who has been in practice for over 47 years. They work together to provide health care to the low income, un-insured/undocumented and under-insured population of Latino patients that come mainly from Latin and South America. The majority of these patients work in local mushroom farms during the year, and then return to their home country for short periods of time. This is a very needy population with multiple barriers to care, including financial, language and cultural differences.

After graduating from U.Va. in 1994, Anne spent six months of medical volunteer work in Guatemala. She served as a volunteer nurse in the Northeast rain forest region working with the Indigenous Mayan Indian population. She practiced tropical medicine, provided mass immunizations of Indian villages, and educated women on female health issues and family planning. This was also an opportunity to perfect her medical Spanish. After returning home, Anne completed her MSN degree at the University of Pennsylvania and has been working closely with the Latino population in various Family Practice settings.

Michael W. Logan, RN, BSN, MPA
Senior Director, Response Readiness, Guidance & Evaluation
American Red Cross
(BSN 1978, University of Virginia)

Michael Logan, senior director of Response Readiness, Guidance & Evaluation at the American Red Cross National Headquarters in Washington, DC, has played an integral role in the Red Cross nationwide movement to prepare. Michael led the team that developed the Chapter Disaster Readiness Assessment and the Chapter Disaster Readiness Exercise & Evaluation program. Together, these two products help local Red Cross chapters determine the human and material resource requirements necessary for their communities to be able to respond to the impact of a disaster, either natural or man-made. Michael's team is also responsible for leading data collection following major disasters to evaluate the effectiveness of the Red Cross response. Most recently, Michael has served as national assistant director for the massive Red Cross disaster relief efforts following the events of September 11, 2001 and the events of the 2004 hurricane season. He then served as director of the Red Cross relief operation in response to Hurricane Wilma in the summer of 2005. Michael received his BSN from U.Va. in 1978. He later earned his Master's of Public Administration from the State University of New York in 1984.

Karen J. Minyard, MSN, PhD
Executive Director, Georgia Health Policy Center, Georgia State University
(BSN 1975, University of Virginia)

Karen Minyard is an advocate for basic restructuring of local health care systems to focus on access to care and health status improvements. As director of the Georgia Health Policy Center, Karen is charged with leading the policy, research, and technical assistance programs of the center. The program areas are concentrated in care at the end of life, child well-being, health philanthropy, rural health, and access to care for the uninsured. Prior to assuming her current role, she directed the Networks for Rural Health Program at the Health Policy Center. She also has experience with the state Medicaid program, both with design of a reformed Medicaid program and external evaluation of the primary care case management program.

Karen's research interests include the study of health care markets, the relationships among identity, image, and willingness to make strategic change in changing environments, and the role of targeted external facilitation and technical assistance in improving the clinical relevance and financial viability of local health systems. Before pursuing her PhD, Karen worked in nursing and hospital administration for fifteen years. For Karen, the most satisfying aspect of her day-to-day responsibilities is "creating an environment that supports the power of community." While finishing her doctoral research on health-care markets during the mid-1990s, Karen discovered that unification within communities could have a direct impact on local health-care policies, and that the work she was doing had far-reaching implications.

Karen also serves as an officer on the founding board of the Community Health Leadership Network, a national partnership dedicated to helping communities achieve healthcare access, the board of the National Network of Public Health Institutes, and has provided numerous consultations and presentations for groups and organizations that seek to build stronger health care systems.

Candace Beaman Moore, RN, MS, FNP
Deputy Chief, Medical Foreign Programs, Department of State
(BSN 1975, University of Virginia)

Before joining the Foreign Service, Candace worked for the Virginia Department of Health as a public health nurse and as a nurse practitioner in general medical and pediatric clinics, and finally as director of nursing for the Peninsula Health District.

In 1984 she was accepted into the Foreign Service as a nurse practitioner. She served as the medical attaché and primary care medical provider at the US embassies in Niger, Senegal, Ecuador, Hungary, Bulgaria, and Honduras. At each embassy she managed a primary care clinical providing care to all US diplomats and their families. In addition, she traveled to surrounding countries that did not have a Foreign Service medical provider. Since 2004, she has been posted to the State Department in Washington, DC as the Deputy of Foreign Programs where she evaluates and approves all medical evaluations from overseas embassies to the United States, including emergency and non-emergency cases. She serves as the Regional medical Officer for the embassies and consulates in Canada and Bermuda. She also provides clinical support to Foreign Service medical providers at US embassies and consulates overseas.

Sandra J. Fulton Picot, PhD, RN, FAAN
Associate Professor, University of Maryland School of Nursing
(BSN 1977, MSN 1983, University of Virginia)

From 1983 to 1986, Dr. Picot was hired as an instructor at UVa to teach fourth year nursing students. During her tenure, she developed the first Transcultural Nursing course taught in the School of Nursing. When she began her doctoral studies in 1986, the course was oversubscribed.

Sandra received her PhD from the University of Maryland School of Nursing in 1992. While a doctoral student, she was chosen as one of ANA Ethnic Racial Minority Fellows. Reinforcing the benefits of belonging to ANA, this competitive fellowship paid her tuition, books, and fees. After graduating in 1992, The Frances Payne Bolton School of Nursing Case Western Reserve University, Cleveland, OH hired her as an Assistant Professor. Prior to her departure in 1999, she served as Director of the Alzheimer's Disease Research Center Minority Recruitment Satellite, was promoted to Associate Professor with Tenure, and inducted into the American Academy of Nursing in 1997.

Currently, Sandra is an Associate Professor at the University of Maryland School of Nursing, Baltimore Maryland. Prior to that she was appointed to the Sonya Ziporkin Gershowitz Endowed Chair in Gerontology (1999-2004) at the University of Maryland School of Nursing. At the University of Maryland, Dr. Picot teaches research to the master's level advanced nursing practice students and philosophy of science and theory and conceptualization to doctoral of

nursing practice and PhD students. She thoroughly enjoys mentoring both international and US students with interests in family caregiving, gerontology, or health disparities.

Her research interests include reinforcing positive and ameliorating the negative biopsychosocial and spiritual responses of family caregivers of disabled older adults. Over the last 14 years, she has received more than 2 million dollars in research funds from National Institutes of Health and other sources to study especially African American caregivers.

Sandra is especially sought after by medical and pharmaceutical entities to advise them on the integration of culture into the entire research process and train future researchers. Most recently, she collaborated with Eisai and Pfizer Pharmaceuticals and the National Medical Association on a clinical trial of Aricept in community-dwelling African American older adults. Recognized by her peers, she was elected to co-chair the Research and Scholarship Advisory Council of Sigma Theta Tau International Honor Society of Nursing (2003-2005).

Lisa Ann Plowfield, PhD, RN
Professor, University of Delaware School of Nursing
(PhD 1993, University of Virginia)

As a professor in the School of Nursing at the University of Delaware, Lisa is involved in teaching both graduate and undergraduate students. Her areas of scholarship and teaching are nursing research methods, health administration, and gerontological care. As the immediate past director of the School of Nursing, she led the school through undergraduate curriculum development, which resulted in dramatically improving the NCLEX pass rate of new graduates. She was also instrumental in building an infrastructure for faculty and student research development in collaboration with the Delaware Biotechnology Institute.

Sue Fishel Ramzy, BSN
Full Partner, R. Adams Cowley Shock Trauma Center, University of Maryland Hospital
(BSN 1974, University of Virginia)

Sue Ramzy works in the trauma resuscitation unit of the Cowley Shock Trauma Center, a level one trauma center which receives 8,000-10,000 patients each year. Most patients are priority-one designation (most severe). The Cowley Center is also the Maryland state referral center for head and spine injuries. In addition to functioning every day at the bedside in the trauma resuscitation unit, Sue is also part of the Shared Governance Professional Practice Model and serves on a variety of committees representing her unit. The center is currently in the process of trying to obtain Magnet status and Sue is the representative for her unit in that endeavor. The theory-based care delivery model for UMMS is Relationship Based Care (RBC) which focuses on the relationship of the nurse with his/herself, the patient and family, and with colleagues. Evaluation of the care delivery design outcome is measured with evidence-based data.

Richard A. Ridge, Ph.D., RN, CNAA, BC
Corporate Director, Nursing Education, Meridian Health
(PhD (Nursing) 2001, University of Virginia)

Richard Ridge is responsible for nursing education at Meridian Health, a Magnet hospital system with over 1300 RNs. He reports directly to the VP/ Chief Nurse Executive (CNE) of the Meridian system, and supervises the Clinical Nurse Specialist and nursing education staff. He has directed implementation of several major staff-focused programs including the RN preceptor

program, national nursing specialty certification initiative, educational symposia, 5-level emergency nursing triage, and various patient safety initiatives.

Richard began his healthcare career as a Hospital Corpsman in the U.S. Navy during the waning years of the Viet Nam war. After completing his baccalaureate nursing education at University of Massachusetts, Richard began his professional nursing career in acute spinal cord injury. As a clinician, Richard has since practiced in a wide range of clinical specialties in acute care, including general medicine, psychiatry, orthopedics, and oncology.

Richard has consulted to nursing and health care executives in a broad range of nursing operations related areas, including staffing and scheduling systems, care delivery model redesign, patient outcomes evaluation, recruitment and retention, patient and staff safety, and cultural competency development. He has published in the areas of health policy, healthcare outcomes, staff development, and patient safety. He is currently serving as a Mentor for Thomas Edison State College School of Nursing, an advisory committee member of Monmouth University School of Nursing, a community member on the Practice Committee of the New Jersey State Board of Nursing, an Editorial Board member for Men in Nursing, and an appraiser for the ANCC Magnet hospital program.

Sarah E. Roberts, RN, MSN, ACNP
Nurse Practitioner, Department of Neurosurgery, U.Va.
(BSN 2001, MSN 2004, University of Virginia)

Sarah works with one attending physician, Dr. John Jane, Jr., and together they care for neurosurgical patients, specifically pediatric and pituitary tumor patients. Sarah manages patients from their pre-operative care through their hospital stay, and then in out-patient follow-up. Sarah, a former Second Degree program student, also serves on the advisory board to the Clinical Nurse Leader program at the School of Nursing.

Laura Suzuki, RN, MPH
Public Health Nurse, Hepatitis C Program Coordinator
Fairfax County Health Department
(BSN 1997, University of Virginia)

Laura is currently a public health nurse with the Fairfax County Health Department in the Communicable Disease and Epidemiology Unit and serves as the program coordinator for a pilot Hepatitis C prevention and education program. In addition, she has been actively involved in the county-wide pandemic influenza planning process and is the primary author of the Fairfax County Health Department Pandemic Influenza Response Plan. She has also held the position of Communicable Disease Investigator within the same unit where she was responsible for disease surveillance, investigation of reportable diseases, outbreak response and control, and bioterrorism response planning.

After completing her BSN degree at UVa she worked in burn and surgical ICUE care while earning a master's of public health degree at Johns Hopkins University. Laura has worked for the Centers for Disease Control and Prevention in the Public Health Prevention Service in public health program management. She has also traveled and worked in Africa – in Uganda, with Health Volunteers Overseas teaching burn care, and in Zambia, with the World Health Organization supporting the global polio eradication effort.

Erin C. Truban, RN, BSN, JD
Attorney, Coleman Miller of Ragland, PLC
(BSN 2000, University of Virginia)

Erin Truban is an associate attorney with Coleman, Miller & Ragland, PLC in Alexandria, Virginia. Her practice is primarily directed at the representation of health care providers in the defense of professional liability litigation. Erin's clients include long-term care facilities, nurses, and other health care professionals.

Erin has litigated cases involving: Dementia, Decubitus Ulcers, Depression, Psychosis, Brain Injuries, Falls, Hip Fractures, Over Medication, Quadriplegia, Plastic Surgery, Prostate Cancer, Pulmonary Embolus, Coma, Congestive Heart Failure, Acute Respiratory Failure, Myocardial Infarction, Dehydration, Blood Disorders, Diabetes, Genitourinary Injuries, Elopement, Assault, and Sexual Assault.

Erin graduated from Villanova University School of Law in May, 2004. Prior to law school, she graduated with honors from the University of Virginia in 2000 with a BSN. In July 2000, she became a licensed registered nurse and worked as surgical telemetry nurse until entering the legal profession.