

Nursing Leadership Forum

November 10, 2007
McLeod Hall

2007 Alumni Participants



Virginia Apperson, PhD, APRN, CS, Diplomate, CG Jung Institute (Zurich)

Jungian Analyst and Psychotherapist, Private Practice
(BSN 1979, University of Virginia)

Since her graduation from U.VA. in 1979, Virginia has worked in a number of traditional nursing roles (from general surgery to surgical and cardiovascular ICUs, inpatient psychiatry and psychiatric consultation-liaison services). In 1994, she received her diploma in analytical psychology from the C.G. Jung Institute in Zurich, Switzerland. Virginia has a psychoanalytic practice in Atlanta, Georgia where she works with individuals, couples and leads dream groups. She, also, lectures on Jungian topics and is active in the Inter-Regional Society of Jungian Analysts. Virginia is presently co-authoring a book on the feminine archetype in film.



Jennifer Field Brown, APRN-BC, (CNS-PMH), PhD
Assistant Professor, School of Nursing, Virginia Commonwealth University

(BA 1995, BSN 1997, MSN 1998, University of Virginia)

Jenny teaches undergraduate and graduate student courses related to psychiatric/mental health nursing. Her research focus is in the area of psychiatric emergency services. She has received federal and private funding for her research and published articles related to research and nursing education in various peer-reviewed nursing and health services journals. Most recently she was named the 2007 Southern Nursing Research Society (SNRS) Scholar by the American Nurses Foundation. Jenny maintains APRN-CNS certification through outpatient clinical practice providing individual and family therapy eight hours a week. She is a member of the Board of Directors for Community Alternatives Inc., a nonprofit agency that serves individuals with mental disabilities, and Jenny volunteers as a Team Leader for the Tidewater Emergency Medical Services Critical Incident Stress Management Team. She is trained and certified to provide crisis debriefing to rescue personnel. Jenny will be tapped this fall by Hampton Roads Inside Business Magazine as one of the "Top 40 under 40," recognizing individuals for excellence in professional accomplishments and community service.



Stewart Michael Bond, PhD, RN, AOCN
Research Associate in Nursing & John A. Hartford Foundation Claire M. Fagin Fellow
Vanderbilt University School of Nursing
(BSN 1981, University of Virginia)

Stewart is a research associate in Nursing and John A. Hartford Foundation Claire M. Fagin Fellow at the Vanderbilt University School of Nursing. He received his PhD in nursing from the University of North Carolina at Chapel Hill in December 2006. In addition, he completed the UNC Institute on Aging's Interdisciplinary Certificate in Aging program. He received a BSN with Honors from the University of Virginia School of

Nursing ('81), a MSN from the UNC-Chapel Hill School of Nursing, and a post-master's certificate in psychiatric-mental health nursing from Vanderbilt University School of Nursing. In addition to his nursing education, he holds a Master of Theological Studies degree focusing in pastoral care and ethics from Vanderbilt Divinity School.

During his nursing career, Stewart has held staff nurse, nursing management, and advanced practice positions in critical care, in oncology, and in hospice and palliative care. Stewart's clinical and research interests focus on symptom management in older persons with advanced cancer with a specific emphasis on delirium and neurocognitive impairment. His doctoral education and research was supported by intramural and extramural awards including an Institutional National Research Service Award from the UNC School of Nursing, a John A. Hartford Foundation Building Academic Geriatric Nursing Capacity Predoctoral Scholarship, and an American Cancer Society Doctoral Scholarship in Cancer Nursing.



Laurel Care Gravatte, RN, BSN
Executive Director, Free Clinic of Culpeper, VA
(RN-BSN 2004, University of Virginia)

Laurel was first licensed as an RN in California where she practiced nursing in a variety of fields including Med-Surg, Cardiology, and Family Medicine. In 2001 she moved to Virginia and began classes at the U.Va. SON to acquire her BSN degree, focusing her studies on access to health care for the elderly and uninsured. She currently works as Executive Director of the Free Clinic of Culpeper. Laurel enjoyed being a recent delegate for the Virginia Nurses Association, District 7. She currently serves on the Virginia Association of Free Clinics legislative committee, encouraging legislators to support funding for improved access to health care for Virginia residents.

Ann Keeling Carter, RN, BSN, MHM
Healthcare Consultant
(BSN 1971, University of Virginia)



Ann has worked as a staff nurse, nurse manager, nursing supervisor, assistant director of nursing and has been a chief nursing officer in hospitals in three states. Ann's career took her from her hometown of Lynchburg, Va. to Fort Lauderdale, Florida, South Carolina and finally

back to Virginia. Ann earned a Master's degree in Health Management in 1985 from St. Thomas University in Miami, Florida. She has worked in both for-profit and not-for-profit sectors. Upon leaving her last CNO position in 2003, Ann ventured into the world of healthcare consulting. She now has her own company, travels across the U.S and contracts directly with hospitals and major consulting firms such as QHR and FTI Healthcare. Her work includes interim CNO services, mock CMS and JCAHO surveys, productivity work, operational assessments and other healthcare consulting. Ann also works with law firms in Virginia and Washington D.C. serving as a legal nurse reviewer.



**Mary Beth Ginn, RN, BSN, MSN, FNP-C
Nurse Practitioner**

(BA 1999, BSN 2003, University of Virginia)

Following graduation from U.Va.'s School of Nursing in 2003, Mary Beth moved to Washington, D.C. to work at Georgetown University. She completed the six-month critical care fellowship and worked on the Medical ICU for the following three years. After her first year in practice, she began her MSN-FNP at Georgetown's School of Nursing and Health Studies. While at Georgetown, she started the hospital's first in-patient tobacco cessation program. She was also an active member of the hospital MAGNET Champions committee, which served to promote the "forces of MAGNET-ism" through a variety of hospital-wide events. Upon graduation in December 2006, she relocated to Winston-Salem, NC and accepted an FNP position with Novant Health's Salem Family Practice. In her new position, she has designed and implemented coumadin clinics at two office locations and manages the daily coumadin clinic operations at both sites.

Donald L. Johnson

Managing Director Corporate Client Group, The NASDAQ Stock Market

(BSN 1980, University of Virginia)



Don Johnson is a Managing Director of the Corporate Client Group at The NASDAQ Stock Market (NASDAQ), the largest electronic equity securities market in the United States, and spearheads the units for relationship management and market intelligence for a select group of life sciences, financial, transportation, and energy companies listed on NASDAQ.

Don joined NASDAQ in 1989, initially as an analyst in the Market Surveillance department of NASDAQ's parent company, the National Association of Securities Dealers (NASD). During his three-year tenure with the department, Don's investigative work resulted in several high-profiled cases involving violations of the NASD's and/or the Securities and Exchange Commission's rules and regulations. The rulings in the cases ranged from substantial fines to permanent disbarment from the industry.

Prior to joining NASDAQ, Don was a Captain in the U.S. Army, and was commissioned in 1980 after receiving his BSN from the University of Virginia. During his military career, Don practiced critical care nursing and anesthesia, and taught cardiology and critical care courses to military physicians, registered nurses, and other medical personnel.

Don commutes weekly between his home in Northern Virginia and New York City, and travels to Puerto Rico monthly where he and his family maintain a home in Río Grande. He is also a graduate of the University of North Carolina at Greensboro.



Janet E. Jumper, MSN, RN, ACNP-C
Transplant Nurse Practitioner
(BSN 1997, ACNP 2005, University of Virginia)

Janet obtained her BSN from UVa in 1997, and commissioned directly into the Air Force after graduation. She served six years in the Air Force, during which time she was stationed in Texas, England, and Maryland. Her military nursing experience included surgical/trauma care, battlefield nursing, and ER.

Janet then separated from the Air Force and rejoined the UVa community while she obtained her MSN as an acute care nurse practitioner, graduating in 2005. She currently works at Georgetown University Hospital as a transplant nurse practitioner in kidney/pancreas transplant.

Janet is an officer of the UVa Nursing Alumni Council and serves concurrently on the School of Nursing Advisory Board. She is a member of Sigma Theta Tau, the American Academy of Nurse Practitioners, and the National Alliance of Legal Nurse Consultants. She maintains an active role in preceptorship of nursing students and new RNs. Her hobbies include running, hiking, reading, and travel.



Susan Rose Lumsden
Director, Division of State and Community Assistance
Office of Health Information Technology
Health Resources and Services Administration, HHS
(BSN 1983, University of Virginia)

Susan Lumsden is a Captain in the Public Health Service Commissioned Corps and the Director for the Division of State and Community Assistance, within the Health Resources and Services Administration's (HRSA), Office of Health Information Technology (OHIT). HRSA, an agency of the U.S. Department of Health and Human Services, is the primary Federal agency for improving access to health care services for people who are uninsured, isolated or medically vulnerable.

A majority of Susan's clinical practice (eight years) was with the National Institutes of Health. Thereafter, she spent six years in the area of Federal Occupational Health as a nurse consultant, then as a Fiscal Manager. She worked for two years as a nurse consultant with the Center for School Based Health as part of HRSA's Program for Special Populations. From there, she spent seven years as a senior public health analyst and then Branch Chief working with HRSA's State Primary Care Associations, National Technical Assistance Organizations, and Health Center Network and health system grantees. In May of 2006, she joined the OHIT, whose mission is to promote the adoption of HIT as a tool to improve the quality of care for medically underserved populations.



Kathleen M. Rea, MSN, RN, APRN-BC
Clinician IV, U.Va. Health System
Magnet Recognition Steering Committee Co-chair
(BSN 1993, MSN 2002, University of Virginia)

As a Clinician IV at the University of Virginia Health System, Kathleen's current practice is adult acute care, specializing in Transplant, Urology and Surgical Services. It is through the direct care of patients, and the education and professional development of staff, that she serves as a clinical resource to nurses, physicians and interdisciplinary colleagues. Kathleen is certified for advanced practice as a Clinical Nurse Specialist

and loves the challenges of her practice. As a preceptor for the UVa School of Nursing's Clinical Nurse Leader program, she is contributing to efforts that will reshape nursing education and address nursing shortage issues. Half of her professional role is dedicated to being the Co-Chair of the UVa Magnet Recognition Steering Committee. Service as a leader to earn this international honor for nursing excellence has enabled her to grow and develop research, presentation and publication talents. Kathleen is a member of Sigma Theta Tau Beta Kappa Chapter, the Virginia Nurses Association and the International Transplant Nurses Society.



Sandra W. Ryals, RN, MS, CNAA
Director, Virginia Department of Health Professions
(BSN 1964, University of Virginia)

Appointed by Governor Timothy M. Kaine, Sandra Whitley Ryals currently serves as director of the Virginia Department of Health Professions. She previously served as chief deputy director of the department. Sandy is responsible for providing leadership and executive management for the Department to enhance the delivery of safe and competent health care by licensing qualified health care professionals, enforcing standards of practice, and providing information to both practitioners and consumers of health care

services.

Prior to Governor Kaine's appointments, Sandy served in Governor Warner's administration as executive director of the Virginia Tobacco Settlement Foundation where she led a statewide comprehensive approach to decrease the number of youth who smoke in the Commonwealth. Also during Governor Warner's term she served as chief deputy director at the Department of Professional and Occupational Regulation. In that role, she developed total quality improvement initiatives for the agency and directed agency legislation.

Sandy has more than 30 years experience in the healthcare field including serving as public health nurse director for the Roanoke City Health District and coordinator for Children's Specialty Services through the Virginia Department of Health. In addition, she has served as a health care consultant and as a faculty member at Radford University and the College of Health Sciences.

Extensive volunteer leadership in professional and civic activities includes state president for the Virginia Nurses Association and founding member, Legislative Coalition of Virginia Nurses. Sandy was appointed by Roanoke City Council to the Roanoke Civic Center Commission and was elected Vice-Chair.

As a lifelong healthcare advocate, Sandy helped found the Child Health Investment Partnership (CHIP) and the Roanoke Adolescent Health Partnership (RAHP). She was awarded the 2001 Centennial Heritage Award for Leadership in Health Law from the University of Virginia School of Nursing.

Sandy is a registered nurse and holds a certification in nursing administration advanced with the American Nurses Credentialing Center. She received her bachelor's degree in nursing from the University of Virginia and her master's degree in education from Virginia Tech. Additional preparation includes completion with the Virginia Executive Institute, Virginia Commonwealth University: Health Policy Institute, George Mason University; and the Sorenson Institute for Political Leadership, University of Virginia.

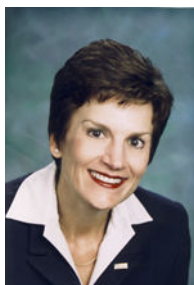
Cynthia (Cindy) Thacker, RN
Executive Director, "Mission of Hope" in Bolivia
(BSN 1970, University of Virginia)



Cindy made her first trip to Bolivia in the year 1989. She went with her husband, John, to adopt a 12 year old boy from an orphanage there. Two years later, she went back to Bolivia to adopt two of his friends. Through these adoptions, Cindy became involved with an adoption agency in Birmingham, AL and was asked to join the Board of Directors. She then began taking donations of medical supplies to the government-run Childrens' Hospital in Santa Cruz, Bolivia. Through her involvement with the Childrens' Hospital, she realized that the poor did not have access to good medical care and that many children were dying needlessly because the parents did not have even a few dollars to buy necessary antibiotics.

In February of 2000, Cindy formed a non-profit organization called "Mission of Hope, Bolivia." In July of 2001, Mission of Hope purchased a hospital that was for sale in Santa Cruz, Bolivia. In July of 2002, Mission of Hope opened a free out-patient clinic for the poor. To date, more than 100,000 patients have received free medical care, including lab work, medicines, and surgeries, at the Mission of Hope clinic.

Cindy lives here in Charlottesville and makes several trips each year taking teams to Bolivia.



Anne P. Weiland
Vice President, Med Star Health, Washington, DC
(ANP 1977, MSN 1978, University of Virginia)

Anne Weiland began her career as a surgical intensive care nurse. After completing the adult nurse practitioner and masters programs at the University of Virginia, she worked for almost ten years in an acute care NP

role in the areas of Cardiology and Cardiothoracic Surgery. Having developed an interest in health care finance and management, she pursued and was awarded a Commonwealth Fund fellowship to attend business school at the University of Chicago.

Currently, she is a Vice President at MedStar Health, the east coast's largest not-for-profit healthcare corporation. MedStar Health owns hospitals in Washington and Baltimore and a variety of associated businesses including ambulatory surgery centers, visiting nurse services, an outpatient rehabilitation network, a clinical research institute and a primary care physician network. Anne oversees all third party insurance contracting activities on behalf of the Washington entities, including Georgetown University Hospital, Washington Hospital Center and the National Rehabilitation Hospital. In this role, she directs financial analysis and pricing related to managed care contracts. In addition, she serves as the principal liaison with clinical staff relative to contract interpretation, clinical program reimbursement and utilization management issues. Prior to assuming this role, she held several senior management positions in hospital operations.

Anne's particular area of expertise is in supporting the interests and initiatives of the clinical professionals that drive the mission and vision of MedStar Health's Washington operation.



Diane F. Wyzga, RN, JD
Consultant, Lightning Rod Communications
(MSN 1980, PNP 1979, University of Virginia)

Diane helps more attorneys win more cases more often by developing their critical listening and persuasive communication skills. She teaches lawyers how to use storytelling techniques and principles to translate compelling case images into desired verdict action. With over 20 years' experience, Diane founded Lightning Rod Communications (www.lightrod.net) based in San Clemente, CA to train attorneys to identify, shape and effectively deliver their stories using language with power, passion and precision. Diane specializes in legal strategy, focus groups, opening statements, witness preparation and MCLE programs.